The Interfaith Temple Explore • Experience • Evolve

An Inclusive, safe home for spiritual kinship, growth, evolution and loving support.

Newsletter

May 2021

Greetings from Rev. Dr. Stacy

When I first began thinking about and making plans for The Interfaith Temple, I never imagined that everything would come together so quickly and so beautifully! With the newly formed Ministry Team, and together with—led by—the Divine Source, at times I feel like I'm just following the warning for roller-coaster riders, "Keep your arms and legs inside the car!" What an amazing and joyous ride this has been so far!

From our first service, with over 50 participants, to this, our first newsletter, and all of the incredible comments, at times this feels like a fast and furious ride. I am so honored to be part of this team, bringing these services to you, so blessed with the talents of the Ministry Team, and so humbled by your kind words and expressions of the ways Spirit is speaking to you and working with you through our efforts. Is this what The Creator must have felt when looking over creation and seeing that it was good?

We have some great things in store for May, so stay tuned, and bring a friend!

May Services:

- May 2 Proclaim! *Rev. Dr. Stacy and the team.* How do we share our faith? How do we talk to others about Spirituality?
- May 9 Ascension *Rev. Dr. Victor* What is the rising of the spirit within? Is it attainable by all?
- May 16 Revelation *Rev. Dr. Stacy* Looking at the many ways The Divine is revealed to us. How is God revealed in our own lives—our personal revelations?
- May 23 Enlightenment *Rev Dr. Stacy* What is enlightenment? What was it that the Buddha attained, and is it accessible to any of us?
- May 30 The Power of Three Rev. Maven Eve Is there a mystical power of three? What is the spiritual significance of three?

We hope you will join us each week. Our themes are based on the calendar of holy days during that week. Check the link below for our online calendar for descriptions of each event.

Calendar - The Interfaith Temple





One of my Favorite Healthy Snacks

(shared by Rev. Dr. Samora)

Healthy Raw Chocolate Chip Cookie Dough

Eat cookie dough without the guilt!! These raw cookie dough balls are packed with protein and gluten-free (make sure to use gluten -free oats). You won't believe it's not the real thing.

cup Raw Cashews
cup old-fashioned oats (gluten-free)
tablespoon salt
tablespoons maple or agave syrup
tablespoon vanilla extract
cup chocolate chips (carob or cacao work too)

1. Line a tray or container with parchment paper.

Combine the cashews, oats, salt, and cinnamon in a food processor until a fine meal forms.

Add the syrup and vanilla and pulse until you have a raw dough.

Fold in the chocolate chips

Using a spoon or cookie baller, roll into balls (approximately 12 bites) and place them on the paper. Eat them at room temperature or freeze for later.

"Divine Order"

By Rev. Dr. Victor



One of the great blessings in my life was to have Rabbi Joseph H. Gelberman as a teacher, mentor, and friend. One of the first things I learned from him when I enrolled in The New Seminary in 1995 was the Hebrew expression, "HaKol Beseder." He explained that "HaKol" means "everything" and "Beseder" means "in order", so the literal translation is, "Everything is in order." He said that there was a deeper, spiritual meaning; that it means, "everything is unfolding in Divine Order." He said that as events are taking place, we may not understand or resonate with them, but that when we look at them in the longer perspective, and with "spiritual eyes", we will recognize the pattern of higher purpose. This struck a chord with me as I recalled all of the synchronicities that took place as my spiritual path re-opened in my mid-thirties and the unlikely sequence of events that changed my life forever.

Psychoanalyst Carl Jung described "synchronicity" as meaningful coincidences without causal connection. Rabbi Gelberman would say, "HaKol Beseder!"

I am grounded in this understanding and have witnessed "HaKol Beseder" countless times since Rabbi opened my consciousness and soul to this understanding. I will share some of these with you in the months to come. Please feel free to share your HaKol Beseder stories with me at <u>RevDrVictor@theinterfaithtemple.org</u> and let me know if I may share these in this column.



"The spiritual journey is unique to every individual. You can't organize or direct it. It isn't true that everyone should follow one path. Listen to your own truth." Ram Dass

Membership in The Interfaith Temple

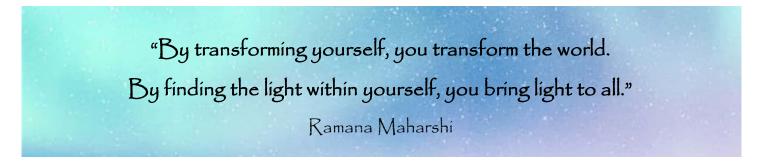
What does it mean to be a member of the Interfaith Temple?

Joining the Temple is much like joining any other faith-based organization, and for similar reasons. If you are looking for a spiritual *home*, we welcome you here. If you are looking for a place to be inspired, to be uplifted by sacred music, messages, prayers and meditations, or a place where you can connect with others, learn and grow, share and practice your spiritual gifts and abilities, we welcome you here.

As a member, you will always receive an invitation to the services, and we offer member discounts on any classes, personal coaching, and in-person events such as retreats. We will also offer certain programs and services for members only, such as a closed Facebook group for sharing and connecting in community with other members, and the small group Circles of Love are only for Members, Students and Associate Ministers. The Senior Minister and Ministry Team strive to develop a personal relationship with you for pastoral care, life passages, illnesses and celebrations. We are here for you, for your spiritual and pastoral needs.

Check our website for the level of membership that feels right to you, or discuss your needs with us. And *welcome home*.

Membership - The Interfaith Temple



The True Peace

The first peace, which is the most important, is that which comes within the souls of people when they realize their relationship, their oneness, with the universe and all its powers, and when they realize that at the center of the universe dwells Wakan-Taka (the Great Spirit), and that this center is really everywhere, it is within each of us. This is the real peace, and the others are but reflections of this. The second peace is that which is made between two individuals, and the third is that which is made between two nations. But above all you should understand that there can never be peace between nations until there is known that true peace, which, as I have often said, is within the souls of men.

Black Elk, Oglala Sioux & Spiritual Leader (1863 - 1950)



IF YOU HAVE THE ABILITY TO LOVE, LOVE YOURSELF FIRST.

-CHARLES BUKOWSKI

Prayers

Our hearts and minds go to the people of India who are struggling to survive the Covid pandemic. May the help that is so desperately needed arrive and be implemented with Godspeed. May those who are ill be strengthened and healed, and the workers and caregivers protected, uplifted and renewed with Divine Love. May all those who are grieving be wrapped in comfort and solace. Divine One, hear our prayer. Magnify the energy of our thoughts and prayers so our sisters and brothers receive the care they need.

We send this prayer around the world to all who are in need of relief, to all who mourn, to all who suffer. As one suffers, so do we all.

Divine One, hear our prayer. Amen.



The Interfaith Temple Ministry Team

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