

Newsletter









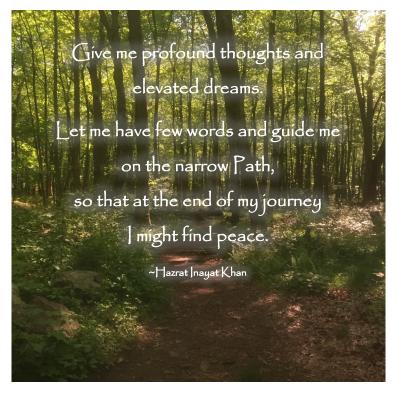


Summer Edition 2021

Greetings from Rev. Dr. Stacy

Summer brings many delights, many wonderful opportunities to experience new things. And so we thought this would be the ideal time to begin some of the Circles of Love, workshops and classes that we've had in mind for awhile, and to rest and renew from our traditional services.

In this newsletter, you'll find numerous opportunities to expand your mind, connect with other souls, and nourish your own. From book discussions, to reimagining prayer, healing, and crafting intentions, to considering the impact of technology on spirituality. We've moved some things around as well—you'll see Wednesday evening programs, a Friday event, and a couple of Sundays at our regular time. This is a great way to sample some of what will be coming in the fall—check out what circles you may want to



join, take in a class or workshop on an interesting topic, or read a great book that touches your soul. Read through the following pages and see what programs resonate with your spirit.

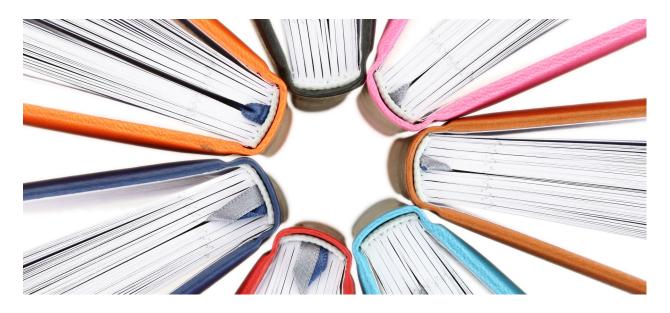
We will return to traditional services on the second and fourth Sundays this fall, beginning on September 12, with other programs on the alternate Sundays. Circles will be held on Wednesday evenings.

And of course, your ministry team is always here for you. Reach out if you have any questions or needs.

Blessings,

Summer Schedule

Circles of Love, Classes and More!



If you are missing our regular Sunday services, please join us this Sunday at 10:00 AM for a breezy Summertime program! All are welcome!

The Four Agreements

Rev. Dr. Samora & Rev. Dr. Stacy Sunday, July 25th, 10:00-11:00 AM

> "Being impeccable with your word means using your energy in the direction of truth and love for yourself." ~Don Miguel Ruiz

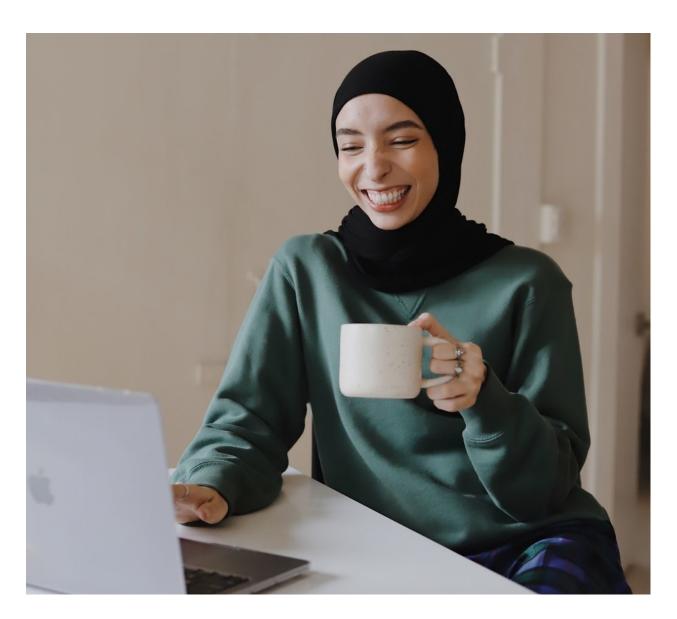
The Four Agreements: A Practical Guide to Personal Freedom is a spiritual classic written by Toltec author don Miguel Ruiz, and the topic for our service. Join us this Sunday, July 25th, at 10:00 AM for an open discussion of these four principles:

- 1. Be Impeccable With Your Word
- 2. Don't Take Anything Personally
- 3. Don't Make Assumptions
- 4. Always Do Your Best

Which of these speaks to you? Which of these do you struggle with?

No need to have read the book prior to the gathering.

All are welcome!



Digital Spirituality with our Minister of Technology

Rev. Dr. Eve Hurwitz

Friday, August 6, 7:30-8:30 PM

Since the onset of the pandemic, religious practices have adapted and become mostly or all virtual. For many people, the introduction of technology as a requirement for group spirituality has been a challenge. For others, it was a relief to be able to join in from their own home behind a screen. Even before the pandemic, virtual spirituality was gaining greater ground, and some brick and mortar houses of worship were beginning to struggle with participation.

How has technology impacted your spiritual life, especially in the last two years? Has it been a relief or a challenge? Our Minister of Technology, Rev. Dr. Eve Hurwitz (aka Maven Eve), will lead a discussion on technology and spirituality in a post-pandemic world. Now is also a good time to bring your Zoom questions! Join us for an open discussion about how technology has changed how you practice your faith, and come away with some Zoom tips and tricks.

All are welcome!



Reimagining Prayer

Rev. Dr. Jay Speights
Wednesday, August 11, 7:30—8:30 PM

Praying

It doesn't have to be the blue iris, it could be weeds in a vacant lot, or a few small stones; just pay attention, then patch

a few words together and don't try to make them elaborate, this isn't a contest but the doorway

into thanks, and a silence in which another voice may speak.

~Mary Oliver

This discussion by Dr. Jay Speights will focus on prayer as a Spiritual Discipline and how you can reimagine and enrich this cornerstone of your spiritual practice.

All are welcome.



The Power of Intention Workshop

Rev. Dr. Stacy Goforth

Sunday, August 15, 10:00—11:00AM Eastern

"Everything that happens in the Universe begins with Intention.

An intention is a directed impulse of consciousness that contains the seed form of that which you aim to create."

~Deepak Chopra

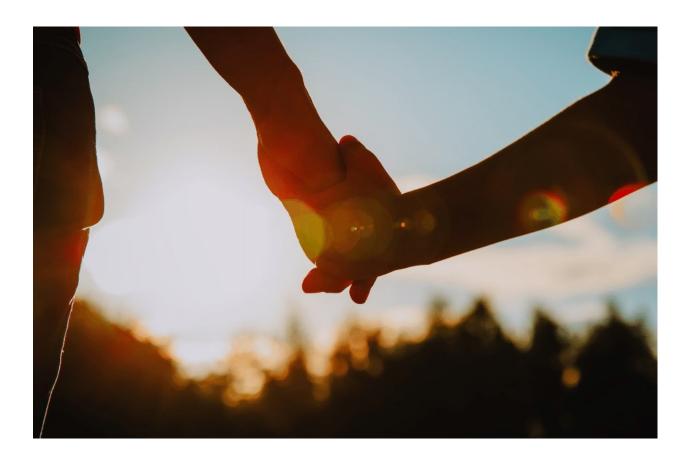
Let's talk about how to tap into your extraordinary human capacity for connection and healing through the miraculous power of intentions, and how it is through sending or giving intentional energy to others in a small group that you receive the greatest benefit.

Based on Lynne McTaggart's *The Power of Eight: Harnessing the Miraculous Energies of a Small Group to Heal Others, Your Life, and the World;* and her personal experiences with Intention Circles, Rev. Dr. Stacy will guide you to craft your own personal intention statement that can be used in your private prayer/meditation practice—or in an Intention Circle; a small group of people who magnify and focus each other's intentions.

Attend this workshop if you are considering joining the Intention Circle (check the listing on page 8) or just to learn how to craft your personal intention statement for your own use.

All are welcome. (Bring paper and a pen.)

No charge, but heartfelt donations gratefully accepted.



Sacred Relationship Circle

Rev. Dr. Samora

Wednesday, August 18th, 7:30—8:30 PM

As long as we are alive and breathing, we are in relationship to something. Having the tools to create and sustain healthy and vibrant relationships in your life brings inner-balance and harmony.

Rev. Dr. Samora Smith (AKA "The Lovesmith") and the Interfaith Temple will be hosting Sacred Relationship Circles once a month on the third Wednesdays, at 7:30 PM Eastern on Zoom. This circle welcomes anyone interested in building healthy and harmonious relationships in all areas of your life (Higher Power, self, partner, family, work, community, etc.) Each month will cover a different area for your to gain insight and share in a safe and supportive environment.

All are welcome!

Please register for this circle **HERE**



Healing Circle—Grief

Rev. Dr. Victor Fuhrman

Wednesday, August 25th, 7:30—8:30 PM Eastern

Grieving is not limited to the loss of a loved one. Loss of a beloved pet, loss of a job or financial security, loss of a home, loss of a relationship, and others may result in grief. Rev. Dr. Victor has been a source of comfort to many who are grieving, and offers this circle from his heart.

Grieving is unique to every person. It manifests in different ways and there is no right way or wrong way to grieve, just your way. One of the ways we may support each other while grieving is through sacred listening. This means listening with compassion and truly hearing what someone is sharing.

Rev. Dr. Victor and The Interfaith Temple will be hosting Healing Circles on Zoom every month on the fourth Wednesday, from 7:30—8:30 PM Eastern. Each month will feature a different aspect of healing. These safe, compassionate, and supportive circles will include interfaith prayer, sacred listening for each participant and a healing meditation.

No charge, but heartfelt donations gratefully accepted.

Please register for this circle **HERE**.



Intention Circle

Rev. Dr. Stacy Goforth

Wednesday, September 8th, 7:30—8:30 PM Eastern

"Everything that happens in the Universe begins with Intention.

An intention is a directed impulse of consciousness that contains the seed form of that which you aim to create."

~Deepak Chopra

An Intention Circle is a small group of people to magnify and direct each other's intentions, amplifying them exponentially. Based on Lynne McTaggart's *The Power of Eight: Harnessing the Miraculous Energies of a Small Group to Heal Others, Your Life, and the World;* and her personal experiences with Intention Circles, Rev. Dr. Stacy will introduce and direct a small circle of people interested in manifesting miracles in their lives.

Each person will learn how to craft a personal "intention statement," and the circle will then use those intentions to send prayer/energy to each other. The receiving is through the giving—and it is powerful! It is most beneficial to spend just 5-10 minutes/day sending energy to each person in the group. Monthly Zoom gatherings on 2nd Wednesdays provide the opportunity to adjust your intention, and reconnect with each other. Because the circle is depending on each person—a commitment of three months is requested.

Group limit of twelve.

Please register for this circle **HERE**.



Registration is Open!

The New Seminary for Interfaith Studies is now accepting applications.

Visit the seminary website: <u>The New Seminary</u> for information and applications for the following programs:

Ministerial Program

Master of Theological Studies

Doctor of Ministry

The Interfaith Temple Ministry Team

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www.theinterfaithtemple.org